

# I AM POSITIVE



The purpose of this positive and fun project is to help students define who they are, increase their ability to use positive descriptive language, and to discover their own unique writing voice. Students will generate word banks based on positive ideas in order to compose complete sentences that are “I AM” statements. “I AM” statements are sentences that:

**I**dentify

**A**ttitudes (positive) about

**M**ost Important Matters or Matters Most Important to you

## STUDENT ACTIVITY

*Draft an “I AM” statement & create “I AM” Collage!*

1. For each of the categories below, have students choose 5 positive words to describe:

**Themselves**

**Their School**

**Their Communities**

**Their Families &**

**Things and People they love (e.g., activities, celebrities, music, TV shows, etc)**

(See chart on 2<sup>nd</sup> page)

2. Have the students look over their lists, evaluate the words they chose, and draft two sentences for each category above and create an “I AM” Statement
3. Have the students look through magazines and find pictures that depict the five categories/sentences drafted and create an “I AM” collage based on their statements.

## Materials Needed:

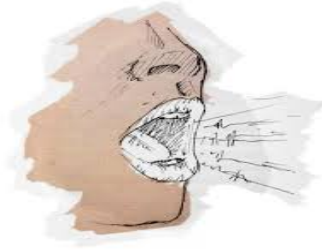
Paper and pencils

Old magazines with pictures

Construction paper, scissors, and glue sticks

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## YOUR VOICE



I dentifies

A ttitudes (positive) about

M ost Important Matters or Matters Most Important to you

Write 5 positive words about how each topic relates to you.

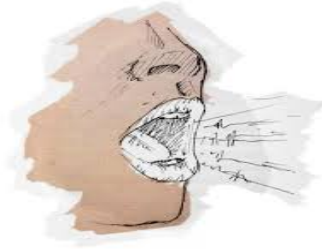
<b>Self</b>	<b>School</b>	<b>Community</b>
<b>Family</b>	<b>People &amp; Things</b>	<b>Bonus! - choose your own topic</b>

Write a sentence about each topic using your words

1. Self:
2. School:
3. Community:
4. Family:
5. People & things:
6. Bonus topic:

## WORKSHEET EXAMPLE

### YOUR VOICE



**I**dentifies

**A**ttitudes (positive) about

**M**ost Important Matters or Matters Most Important to you

Write 5 positive words about how each topic relates to you.

<p><b>Self</b></p> <p><b>Friendly</b> <b>Happy</b> <b>Generous</b> <b>Loving</b> <b>Content</b></p>	<p><b>School</b></p> <p><b>Challenging</b> <b>Interesting</b> <b>Nice</b> <b>Safe</b> <b>Friendly</b></p>	<p><b>Community</b></p> <p><b>Friendly</b> <b>Welcoming</b> <b>Comfortable</b> <b>Busy</b> <b>Opportunities</b></p>
<p><b>Family</b></p> <p><b>Loving</b> <b>Safe</b> <b>Cozy</b> <b>Funny</b></p>	<p><b>People &amp; Things</b></p> <p><b>Engaging</b> <b>Energizing</b> <b>Fun</b> <b>Provocative</b> <b>Tasty</b></p>	<p><b>Bonus! - choose your own topic</b></p> <p><b>Pets – fun, loyal, playful, silly, cuddly</b></p>

Write a sentence about each topic using your words

1. Self: am a happy, friendly person who is loving and content with my life
2. School: School is challenging and interesting and I am learning all sorts of things.
3. Community: My community is welcoming and friendly and I am comfortable with myself when I am there
4. Family: I love my family; I feel safe and cozy when I am home, and my dad is so funny.
5. People & things: My friends are fun; I like tasty food; when I play my Playstation I get energized.
6. Bonus topic: My dog makes me laugh, he is playful and silly and we have cuddles.