





Rock and Rhythm: Hearing/Feeling the Beat in Popular Music

2016-17 Gluck Workshop CORD






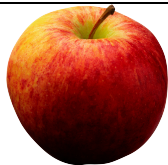






Learning coordination on the drum kit can be a little difficult, but these sounds can help! Use the following “fruit rhythms” to learn a basic rock beat. Use this website to maintain a consistent beat: <https://www.metronomeonline.com/>
 (Beginners should start around the 60 bpm mark, then you can speed up)
 After you get the rock beat down, mix up the rhythms to see if you can come up with your own rhythms!

Use the following chart to figure out which rhythm goes where for both left-handed and right-handed drummers.
 Count 1 – 2 – 3 – 4 – 1 – 2 – 3 – 4 (continue repeating)

LEFT-HANDED			RIGHT-HANDED
Left foot on 1 and 3		Grape	Right foot on 1 and 3
Right hand on 2 and 4		Lime	Left hand on 2 and 4
Left hand on and in between 1-2-3-4		Ap-ple	Right hand on and in between 1-2-3-4
Bonus! See chart below		Wa-ter-mel-on	Bonus! See chart below

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BEAT	1	(and)	2	(and)	3	(and)	4	(and)
L/R Foot								
R/L Hand								
L/R Hand								
Any	