

Gluck Fellow: Xiomara Forbez

Hawaiian Roller Coaster Ride – Surfing and Dancing



Hawaiian Language words

moana - ocean

nalu – wave

he‘e nalu – surfing

papa he‘e nalu - surfboard

Hawaiian Roller Coaster Ride Song

Song by Mark Keali‘i Ho‘omalulu, Kamehameha Schools Children's Chorus

Full lyrics + Translation:

http://kapalama.ksbe.edu/elementary/lilo_and_stitch/roller_coaster_trans.html

There's no place I'd rather be

Then on my surfboard out at sea

Lingering in the ocean blue

And If I had one wish come true

I'd surf till the sun sets

‘Āwikiwiki mai lohilohi - *Hurry up, don't dally*

Lawe mai i ko papa he‘e nalu - *Bring along your surfboard*

Flyin by on the Hawaiian roller coaster ride

Possible Movement Activities

1. Individual: Have students make waves with different parts of their body. Collective: Have students use their arms to make waves as a group (Like the waves done at sports events).
2. Have students practice motions from surfing (laying on their stomach and paddling) and jumping up.
3. Ask students how they would move/swim/surf if they were in different types of oceans. For example, how would you move if you were a calm ocean, an ocean in the middle of a storm etc?

Other Resources

National Geographic surfing graphic:

<https://blog.education.nationalgeographic.org/2015/02/05/surfing-surfaces-in-hawaii/>

Disney video clip from movie Lilo and Stitch with lyrics:

<https://video.disney.com/watch/lilo-and-stitch-lyric-video-hawaiian-roller-coaster-ride-sing-along-535ceeee2a9a98593a8c9586>