

LISTEN + DRAW: MOVING TO THE MELODY

Listening to music is a great way to find inspiration for drawings. Use this exercise to explore art at home and at school. Follow these simple steps:

STEP 1

Gather your materials:

- A blank sheet of paper
- A pencil
- A computer, ipod, radio or CD player -- anything that plays music



STEP 2

Turn on the music. Feel free to use any song that you like. Just listen for awhile. Think about how the song makes you feel. For example, is the song happy or sad? What does it remind you of?

Here's an example song: "Colors of the Wind"

<https://www.youtube.com/watch?v=HvvZ1TEQRB8>

STEP 3

Listen again and draw anything that comes to mind. Are you thinking of a friend? A wild animal? A far away place? If you can't think of anything right away, play the song on repeat, or select a new one. Stay calm and let the drawing come to you. After a few listens, you should have a new piece of artwork to share with friends and family!