SUPERALUMANER DIV Clothes Modification Instructors SHARPITE THEOME

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T-shirt

- Cardboard
- Sharpies

Stencil or jar and rubber band (optional) Tape

Spray bottle with Rubbing alcohol

Iron or Clothes drier (when you take it home -BEFORE YOU WASH IT) **Insert a piece of cardboard into T-shirt** to prevent ink from bleeding through to other side. Tape the shirt so it is tight on the board.

Instructions

- Using desired sharpie colors, make a preliminary design on T-shirt.
 (Note: For a flower pattern, make a large dot of ink in one color, then surround in many smaller dots of a complementary color.) Think about how to apply the markers in a way that might give you control (on the side lightly-just to the surface. After it dries you can always do another layer.) You can also use tape as a guide though the ink will run under a little when sprayed.
 Using the spray bottle with alcohol, lightly spray the rubbing alcohol
- into center of ink design. The more alcohol used, the further the ink will spread and the larger the design will be. (Note: Avoid flooding design with alcohol all at once.) Remember -- if there is nothing protecting the back of your shirt the color will go through.

Once desired design is achieved, let T-shirt dry completely on the grass. When you take your t-shirt home make sure to set color into shirt by applying a hot iron for 5 minutes or placing shirt in clothes drier on high for 15 minutes. Tip: Be sure your iron or drier is on the highest heat possible when setting the ink. The first time you wash it - put your shirt in separately on the delicate cycle and in cold water.

