

BUILDING A PERSONAL STORY SHIELD

This fun project helps students think critically about the narrative story process and how they can apply that process to their own lives as a motivational tool.

The goal: *To help every student realize they are the hero in their own story—their personal Story Shield will help them face and conquer the conflicts they will face on their quest.*

1. **THE HERO:** Students write their name, initials, a self-portrait, an actual photo, etc.
2. **SPECIAL POWER:** Students identify and name (or draw) special qualities they possess, such as being: Kind, Creative, Smart, Funny, Brave, Generous, Observant, Cooperative
3. **QUEST:** Students articulate their goals/dreams for the future; this includes two different areas for a well-rounded life
 - What do you like to do for fun? (play soccer/basketball/etc., play piano/guitar/etc., paint/draw/etc., cook, surf, snowboard, etc.)
 - What would you like to do as your job?
4. **TRIBE:** Students name family, friends, a pet, teachers, characters from books, etc., who give them support
5. **MOTTO:** Students select positive words or a phrase that they can repeat to themselves often, reminding them that they are the hero in their own story (If You Dream It, You Can Do It; Never Give Up; Think Big/Dream Bigger; Learn from Yesterday, Live for Today, Hope for Tomorrow)

IN LIFE, AS IN GREAT STORIES, EVERY HERO WILL FACE CONFLICT—THIS SHIELD WILL HELP STUDENTS OVERCOME OBSTACLES AND FULFILL THEIR DESTINY!

My Story Shield

