

Materials

Instructions

T-shirt

Cardboard

Sharpies

Stencil or jar and rubber band (optional)

Таре

Spray bottle with Rubbing alcohol

Iron or
Clothes drier (when you
take it home BEFORE YOU
WASH IT)

Insert a piece of cardboard into T-shirt to prevent ink from bleeding through to other side. Tape the shirt so it is tight on the board.

Using desired sharpie colors, make a preliminary design on T-shirt. (Note: For a flower pattern, make a large dot of ink in one color, then surround in many smaller dots of a complementary color.) Think about how to apply the markers in a way that might give you control (on the side - lightly-just to the surface. After it dries you can always do another layer.) You can also use tape as a guide though the ink will run under a little when sprayed.

Using the spray bottle with alcohol, lightly spray the rubbing alcohol into center of ink design. The more alcohol used, the further the ink will spread and the larger the design will be. (Note: Avoid flooding design with alcohol all at once.) Remember -- if there is nothing protecting the back of your shirt the color will go through.

Once desired design is achieved, let T-shirt dry completely on the grass. When you take your t-shirt home make sure to set color into shirt by applying a hot iron for 5 minutes or placing shirt in clothes drier on high for 15 minutes. Tip: Be sure your iron or drier is on the highest heat possible when setting the ink. The first time you wash it - put your shirt in separately on the delicate cycle and in cold water.

